

August 21, 2022, 11th Sunday after Pentecost

(218) 739-3348, [office@flcfff.org](mailto:office@flcfff.org)

[www.firstlutheranchurchfff.org](http://www.firstlutheranchurchfff.org)

9:30 am worship

Broadcast on AM 1020 KJKK or FM 97.7

Livestream on YouTube, link on website.

PEG Access Channel 8.

## GATHERING

## RINGING OF THE BELL

## WELCOME AND ANNOUNCEMENTS

## GATHERING HYMN

## *Open Now Thy Gates of Beauty*

ELW #533



- 1 O - pen now thy gates of beau - ty, Zi - on, let me en - ter there,
- 2 Gra - cious God, I come be - fore thee; come thou al - so un - to me;
- 3 Here thy praise is glad - ly chant - ed, here thy seed is du - ly sown;
- 4 Thou my faith in - crease and quick - en, let me keep thy gift di - vine;
- 5 Speak, O God, and I will hear thee, let thy will be done in - deed;



where my soul in joy - ful du - ty waits for God who an - swers prayer.  
 where we find thee and a - dore thee, there a heav'n on earth must be.  
 let my soul, where it is plant - ed, bring forth pre - cious sheaves a - lone,  
 how - so - e'er temp - ta - tions thick - en, may thy word still o'er me shine  
 may I un - dis - turbed draw near thee while thou dost thy peo - ple feed.



Oh, how bless - ed is this place, filled with so - lace, light, and grace!  
 To my heart, oh, en - ter thou, let it be thy tem - ple now!  
 so that all I hear may be fruit - ful un - to life in me.  
 as my guid - ing star through life, as my com - fort in all strife.  
 Here of life the foun - tain flows; here is balm for all our woes.

## GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **And also with you.**

## CONFESSION AND FORGIVENESS

In the name of the Father, and of the ✠ Son, and of the Holy Spirit. **Amen.**

God of all mercy and consolation, come to the help of your people, turning us from our sin to live for you alone. Give us the power of your Holy Spirit that we may confess our sin, receive your forgiveness, and grow into the fullness of Jesus Christ, our Savior and Lord. **Amen.**

Let us confess our sin in the presence of God and of one another. Most merciful God, **we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.**

In the mercy of almighty God, Jesus Christ was given to die for us, and for his sake God forgives us all our sins. As a called and ordained minister of the church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the **✝** Son, and of the Holy Spirit. **Amen.**

**KYRIE**

**page 184**

**CANTICLE OF PRAISE**

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**PRAYER OF THE DAY**

Let us pray. **O God, mighty and immortal, you know that as fragile creatures surrounded by great dangers, we cannot by ourselves stand upright. Give us strength of mind and body, so that even when we suffer because of human sin, we may rise victorious through your Son, Jesus Christ, our Savior and Lord. Amen.**

**CHILDREN'S MESSAGE**

**READING: ISAIAH 58:96-14**

<sup>9b</sup>If you remove the yoke from among you, the pointing of the finger, the speaking of evil,<sup>10</sup>if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. <sup>11</sup>The LORD will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. <sup>12</sup>Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in. <sup>13</sup>If you refrain from trampling the sabbath, from pursuing your own interests on my holy day; if you call the sabbath a delight and the holy day of the LORD honorable; if you honor it, not going your own ways, serving your own interests, or pursuing your own affairs; <sup>14</sup>then you shall take delight in the LORD, and I will make you ride upon the heights of the earth; I will feed you with the heritage of your ancestor Jacob, for the mouth of the LORD has spoken.

The word of the Lord. **Thanks be to God.**

**PSALM 103:1-8, *sing responsively***

<sup>1</sup>Bless the LORD, <sup>1</sup> O my soul, and all that is within me, bless God's <sup>1</sup> holy name.

<sup>2</sup>**Bless the LORD, <sup>1</sup> O my soul, and forget not <sup>1</sup> all God's benefits—**

<sup>3</sup>who forgives <sup>1</sup> all your sins and heals all <sup>1</sup> your diseases;

<sup>4</sup>**who redeems your life <sup>1</sup> from the grave and crowns you with steadfast <sup>1</sup> love and mercy;**

<sup>5</sup>who satisfies your desires <sup>1</sup> with good things so that your youth is renewed <sup>1</sup> like an eagle's.

<sup>6</sup>**O LORD, you provide | vindication and justice for all who | are oppressed.**

<sup>7</sup>You made known your | ways to Moses and your works to the chil- | dren of Israel.

<sup>8</sup>**LORD, you are full of compas- | sion and mercy, slow to anger and abounding in | steadfast love.**

### **GOSPEL: LUKE 13:10-17**

The holy gospel according to Luke. **Glory to you, O Lord.**

<sup>10</sup>Now [Jesus] was teaching in one of the synagogues on the sabbath. <sup>11</sup>And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. <sup>12</sup>When Jesus saw her, he called her over and said, "Woman, you are set free from your ailment." <sup>13</sup>When he laid his hands on her, immediately she stood up straight and began praising God. <sup>14</sup>But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, "There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day." <sup>15</sup>But the Lord answered him and said, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? <sup>16</sup>And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?" <sup>17</sup>When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing. The gospel of the Lord. **Praise to you, O Christ.**

**SERMON**

***"Best Sabbath EVER!"***

**PASTOR TIFFANY SUNDEEN**

**HYMN OF THE DAY**

***Rise Up, O Saints of God!***

**ELW #669**



1 Rise up, O saints of God! From vain am - bi - tions turn;  
2 Speak out, O saints of God! De - spair en - gulfs earth's frame;  
3 Rise up, O saints of God! The king - dom's task em - brace;  
4 Give heed, O saints of God! Cre - a - tion cries in pain;  
5 Com - mit your hearts to seek the paths which Christ has trod;



Christ rose tri - um - phant that your hearts with no - bler zeal might burn.  
as heirs of God's bap - tis - mal grace, the word of hope pro - claim.  
re - dress sin's cru - el con - se - quence; give jus - tice larg - er place.  
stretch forth your hand of heal - ing now, with love the weak sus - tain.  
and, quick - ened by the Spir - it's pow'r, rise up, O saints of God!

### **APOSTLES' CREED**

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried;**

he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

## PRAYERS OF THE PEOPLE

Merciful God, receive our prayer. Amen.

## OFFERING

### *Come, Ye Disconsolate*

ELW #607, vs. 1



1 Come, ye dis - con - so - late, wher - e'er ye lan - guish;  
2 Joy of the des - o - late, light of the stray - ing,  
3 Here see the Bread of life; see wa - ters flow - ing



come to the mer - cy - seat, fer - vent - ly kneel.  
hope of the pen - i - tent, fade - less and pure;  
forth from the throne of God, pure from a - bove.



Here bring your wound - ed hearts, here tell your an - guish;  
here speaks the Com - fort - er, ten - der - ly say - ing,  
Come to the feast of love; come, ev - er know - ing



earth has no sor - row that heav'n can - not heal.  
"Earth has no sor - row that heav'n can - not cure."  
earth has no sor - row but heav'n can re - move.

## OFFERING PRAYER

Let us pray. **Holy God, gracious and merciful, you bring forth food from the earth and nourish your whole creation. Turn our hearts toward those who hunger in any way, that all may know your care; and prepare us now to feast on the bread of life, Jesus Christ, our Savior and Lord. Amen.**

## WORDS OF INSTITUTION

### LORD'S PRAYER

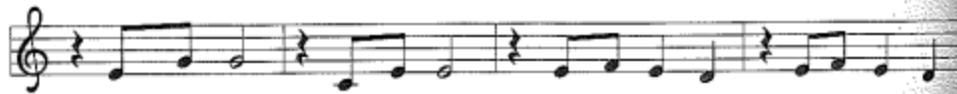
**Our Father, who art in heaven hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

## COMMUNION DISTRIBUTION

COMMUNION HYMN

*Here Is Bread*

ELW #483



1 Here is bread, here is wine, Christ is with us, he is with us.  
 2 Here is grace, here is peace, Christ is with us, he is with us.  
 3 Here we are, joined in one, Christ is with us, he is with us.



Break the bread, taste the wine, Christ is with us here.  
 Know his grace, find his peace, feast on Je - sus here.  
 We'll pro - claim till he comes Je - sus cru - ci - fied.



*Refrain*  
 In this bread there is heal - ing, in this cup is life for - ev - er.



In this mo - ment, by the Spir - it, Christ is with us here.

COMMUNION HYMN

*Bread of Life from Heaven*

ELW #474

*Refrain*



Bread of life from heav-en, your blood and bod - y giv - en, we



eat this bread and drink this cup un - til you come a - gain.



1 Break now the bread of Christ's sac - ri - fice; giv - ing  
 2 Seek not the food that will pass a - way; set your  
 3 Love as the one who, in love for you, gave him -  
 4 Dwell in the one who now dwells in you; make your  
 5 Drink of this cup and de - clare his death; eat this



thanks, hun - gry ones, gath - er round. Eat, all of you, and be  
 hearts on the food that en - dures. Come, learn the true and the  
 self for the life of the world. Come to the one who is  
 home in the life - giv - ing Word. Know on - ly Christ, Ho - ly  
 bread and be - lieve Eas - ter morn; trust his re - turn and, with



*Refrain*  
 sat - is - fied; in Christ's pres - ence the loaves will a - bound.  
 liv - ing way, that the full - ness of life may be yours.  
 food for you, that your hun - ger and thirst be no more.  
 One of God, and be - lieve in the truth you have heard.  
 ev - 'ry breath, praise the one in whom you are re - born.

COMMUNION HYMN

*O Bread of Life from Heaven*

ELW #480



1 O bread of life from heav - en, O food to pil - grims  
 2 O fount of grace re - deem - ing, O riv - er ev - er  
 3 We love you, Je - sus, ten - der, in all your hid - den



giv - en, O man - na from a - bove: feed  
 stream - ing from Je - sus' wound - ed side: come  
 splen - dor with - in these means of grace. Oh,



with the bless - ed sweet - ness of your di - vine com -  
 now, your love be - stow - ing on thirst - ing souls, and  
 let the veil be riv - en, and our clear eye in



plete - ness the souls that want and need your love.  
 flow - ing till all are ful - ly sat - is - fied.  
 heav - en be - hold your glo - ry face to face.

BLESSING

Almighty God, Father, ✝ Son, and Holy Spirit, bless you now and forever. Amen.

SENDING HYMN

*How Firm a Foundation*

ELW #796



1 How firm a foun - da - tion, O saints of the Lord,  
 2 "Fear not, I am with you, oh, be not dis - mayed,  
 3 "When through fi - 'ry tri - als your path - way shall lie,  
 4 "Through - out all their life - time my peo - ple shall prove



is laid for your faith in Christ Je - sus, the Word!  
 for I am your God and will still give you aid;  
 my grace, all - suf - fi - cient, shall be your sup - ply.  
 my sov - 'reign, e - ter - nal, un - change - a - ble love;



What more can he say than to you he has said  
 I'll strength - en you, help you, and cause you to stand,  
 The flames shall not hurt you; I on - ly de - sign  
 and then, when gray hairs shall their tem - ples a - dorn,



who un - to the Sav - ior for ref - uge have fled?  
 up - held by my righ - teous, om - nip - o - tent hand."  
 your dross to con - sume and your gold to re - fine."  
 like lambs they shall still in my bo - som be borne."

## DISMISSAL

Go in peace. Remember the poor. **Thanks be to God.**

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### **Sunday, August 21:**

- 9:30am Worship with Holy Communion, followed by coffee/fellowship, *Narthex*
- 10:30am Retirement Party (rescheduled) for Steve Hosch

### **Monday, August 22:**

- 9:00am - 3:00pm Love Days Quilters
- 10:00am Play at the Park, McKinley Elem Playground
- 11:00am OWLS leave for Bagg Farm

### **Tuesday, August 23:**

- 9:00am Archives Committee, *Kairos Room*
- 11:00am-2:00pm Staff Meeting
- 5:30-6:30pm entering grades 6&7 @ Uncle Eddie's

### **Wednesday, August 24:**

- 9:30am Al Anon
- 10:00am AA
- 1:00pm Cookie Monster AA
- 6:15pm Summer Worship at Hope Lutheran

### **Thursday, August 25:**

- 10:30am Adult Bible Study, *Kairos Room*
- 6:00pm Women's AA

### **Friday, August 26:**

- 8-4:30pm Office Open

### **Saturday, August 27:**

- No events scheduled

### **Next Sunday, August 28:**

- 9:30am Worship with Holy Communion, followed by coffee/fellowship, *Narthex*
- 10:30am Celebration Party for Pastor David Strom & family

Welcome to 1st Lutheran!  
\* We are delighted that you have joined us for worship.  
\* The invitation to Holy Communion comes from our Lord Jesus. You do not need to be a member, or Lutheran, to receive Holy Communion. All who trust Christ's promises are welcome.  
\* Children are sometimes wiggly and noisy. We don't mind. They are always welcome here. If your small children are needing to move around or need comforting, there is space in the back of the Sanctuary with quiet toys and a rocking chair.  
\* If you have prayer concerns, please be sure to let the church office know. Church phone number is 739-3348.

**The flowers this week** are sponsored by Richard & Jennifer Smestad in honor of their 26<sup>th</sup> Wedding Anniversary.

**The radio broadcast this week** is sponsored by Stuart Hanson, Charlotte, Dale & Laurie Whitehead in memory Elenor (Ellie) Hanson, who would have celebrated her 100<sup>th</sup> birthday this month.

**Our guest organist this Sunday is Susan Smith Clambey**, a daughter of our congregation. Thank you for playing for us Susan!

**Join us with your children for Play at the Park Monday August 22<sup>nd</sup>, 10:00am, McKinley Elementary School.**

**The NWMN Synodical Women's Convention** will be held at Bethlehem Lutheran Church in Fergus Falls on Sept 16-17, 2022. Find registration forms on the Welcome Desk in the Narthex!

**The August Messenger** is located on the counter outside the office window. Please remember to send all Messenger Articles to [office@flcff.org](mailto:office@flcff.org).

**The quilters have made drawstring backpack style bags** and the following supplies are needed to fill the bags for Lutheran World Relief school kits: 8 ½ x 11 notebook (70 sheet), 30 cm ruler (inches one side, cm on other), pencil sharpener, blunt scissors, ballpoint pens (no gel ink), crayons 16 or 24 count, pencils, & eraser. Collection basket in the Narthex. Monetary donations are also welcome! Thank you!!

**Consider joining a Book Study Group!** Beginning in September, a First Lutheran Church readers group will be forming to meet and discuss a wide variety of books. These books will be provided through First Lutheran Church and Fergus Falls Public Library. If you are interested, please contact Susanne Ronning at 218-205-6370 or leave a message with the office with your name and contact info. Open to all – everyone is welcome!

**If you or someone you know is struggling to manage the effects of Alzheimer's or other forms of memory loss**, Pioneer Cottages can help. With admissions previously limited due to staffing shortages, Pioneer Cottages has now increased capacity to accept additional new residents. Please contact Ann Boutwell at 218-998-9677 or [annb@pioneer-care.org](mailto:annb@pioneer-care.org) to learn more.