



August 1, 2021 10th Sunday after Pentecost

(218) 739-3348, office@flcff.org

www.firstlutheranchurchff.org

9:30 am worship

Broadcast on AM 1020 KJKK or FM 97.7

Livestream on YouTube, link on website.

PEG Access Channel 8.

PRELUDE

RINGING OF THE BELL

WELCOME & ANNOUNCEMENTS

GATHERING HYMN

Glorious Things of You Are Spoken

HYMN #647

Using Hymn Tune #823

- 1 Glorious things of you are spoken, Zion, city of our God!
He whose word cannot be broken formed you for his own abode.
On the Rock of Ages founded, what can shake your sure repose?
With salvation's walls surrounded, you may smile at all your foes.
- 2 See, the streams of living waters, springing from eternal love,
well supply your sons and daughters, and all fear of want remove.
Who can faint, while such a river ever will their thirst assuage?
Grace which, like the Lord, the giver, never fails from age to age.
- 3 Round each habitation hov'ring, see the cloud and fire appear
for a glory and a cov'ring, showing that the Lord is near.
Thus deriving from their banner light by night and shade by day,
safe they feed upon the manna which God gives them on their way.
- 4 Savior, since of Zion's city I through grace a member am,
let the world deride or pity, I will glory in your name.
Fading are the world's vain pleasures, all their boasted pomp and show;
solid joys and lasting treasures none but Zion's children know.

GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **And also with you.**

CONFESSION AND FORGIVENESS

In the name of the Father, and of the ✝ Son, and of the Holy Spirit. **Amen.**

God of all mercy and consolation, come to the help of your people, turning us from our sin to live for you alone. Give us the power of your Holy Spirit that we may confess our sin, receive your forgiveness, and grow into the fullness of Jesus Christ, our Savior and Lord. **Amen.**

Let us confess our sin in the presence of God and of one another. Most merciful God, **we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.**

In the mercy of almighty God, Jesus Christ was given to die for us, and for his sake God forgives us all our sins. As a called and ordained minister of the church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the ✝ Son, and of the Holy Spirit. **Amen.**

KYRIE

page 184

Refrain

Ky-ri - e e - lei - son, on our world and on our way.

Ky-ri - e e - lei - son, ev-'ry day.

CANTICLE OF PRAISE

page 185

Glory to God in the highest, the highest, and peace to God's people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Glory to God in the highest, the highest, and peace to God's people on earth.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

Glory to God in the highest, the highest, and peace to God's people on earth.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen. Amen. Amen.

Glory to God in the highest, the highest, and peace to God's people on earth.

Glory to God in the highest, the highest, and peace to God's people on earth.

PRAYER OF THE DAY

Let us pray. **O God, eternal goodness, immeasurable love, you place your gifts before us; we eat and are satisfied. Fill us and this world in all its need with the life that comes only from you, through Jesus Christ, our Savior and Lord. Amen.**

CHILDREN'S MESSAGE

VICKI HANNEMAN

PSALM 78:23-29 *sing responsively with cantor*

²³So he commanded the ^l clouds above* and opened the ^l doors of heaven.

²⁴**He rained down manna upon ^l them to eat* and gave them ^l grain from heaven.**

²⁵So mortals ate the ^l bread of angels;* he provided for them ^l food enough.

²⁶**He caused the east wind to blow ^l in the heavens* and led out the south wind ^l by his might.**

²⁷He rained down flesh upon ^l them like dust* and winged birds like the sand ^l of the sea.

²⁸**He let it fall in the midst ^l of their camp* and round ^l about their dwellings.**

²⁹So they ate and ^l were well filled,* for he gave them ^l what they craved.

READING: Ephesians 4:1-16

Christians share fundamental unity and diversity. Our unity consists in the one body, one Spirit, one Lord, one faith, one baptism, and one God. Our diversity is expressed in various forms of ministry whose goal is equipping the saints and building up Christ's one body.

¹I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ²with all humility and gentleness, with patience, bearing with one another in love, ³making every effort to maintain the unity of the Spirit in the bond of peace. ⁴There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵one Lord, one faith, one baptism, ⁶one God and Father of all, who is above all and through all and in all. ⁷But each of us was given grace according to the measure of Christ's gift. ⁸Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." ⁹(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? ¹⁰He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) ¹¹The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹²to equip the saints for the work of ministry, for building up the body of Christ, ¹³until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

The word of the Lord. **Thanks be to God.**

GOSPEL: John 6:24-35

The Holy Gospel according to St. John. **Glory to you, O Lord.**

Many of the five thousand people Jesus fed in the wilderness continued to follow him throughout the countryside. Jesus challenges them to consider the real nature of their quest.

²⁴When the crowd saw that neither Jesus nor his disciples were [beside the sea,] they themselves got into the boats and went to Capernaum looking for Jesus. ²⁵When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" ²⁶Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." ²⁸Then they said to him, "What must we do to perform the works of God?" ²⁹Jesus answered them, "This is the work of God, that you believe in him whom he has sent." ³⁰So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing?" ³¹Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" ³²Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³For the bread of God is that which comes down from heaven and gives life to the world." ³⁴They said to him, "Sir, give us this bread always." ³⁵Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The gospel of the Lord. **Praise to you, O Christ.**

SERMON*"One Lord, One Faith, One Baptism"***PASTOR GRETCHEN ENOCH****HYMN OF THE DAY***I Am the Bread of Life***HYMN #485**

1 "I am the Bread of life. You who come to me shall not hunger, and who believe in me shall not thirst. No one can come to me unless the Father beckons."

Refrain

"And I will raise you up, and I will raise you up, and I will raise you up on the last day."

2 "The bread that I will give is my flesh for the life of the world, and if you eat of this bread, you shall live forever, you shall live forever." *Refrain*

3 "Unless you eat of the flesh of the Son of Man and drink of his blood, and drink of his blood, you shall not have life within you." *Refrain*

4 "I am the resurrection, I am the life. If you believe in me, even though you die, you shall live forever." *Refrain*

5 Yes, Lord, I believe that you are the Christ, the Son of God, who have come into the world.
Refrain

Text: Suzanne Toolan, RSM, b. 1927, based on John 6

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APOSTLES' CREED

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS OF INTERCESSION

Hear us, O God. **Your mercy is great.**

SHARING OF THE PEACE

The peace of Christ be with you always. **And also with you.**

OFFERING

Let us pray: **God, you bless us in so many ways – even ways we do not know. Give us glad and generous hearts so that we may praise you and support our church and those around us who are in need. In Jesus' name, Amen.**

OFFERTORY

Create in Me a Clean Heart

HYMN #186



Cre - ate in me a clean heart, O God, and re - new a right
spir - it with - in me. Cast me not a - way from your pres - ence, and take
not your Ho - ly Spir - it from me. Re - store to me the joy of
your sal - va - tion, and up - hold me with your free Spir - it.

Music: Richard W. Hillert, b. 1923

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GREAT THANKSGIVING

LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

COMMUNION DISTRIBUTION

The invitation to the Lord's Table comes from our Lord Jesus. All are welcome. Gluten-free wafers and non-alcoholic grape juice are available. Anyone who would prefer to receive a blessing, please place your hands across your chest to let the Communion Assistant know.

COMMUNION HYMN

Bread of Life from Heaven

HYMN #474

Refrain



Bread of life from heav-en, your blood and bod - y giv - en, we



eat this bread and drink this cup un - til you come a - gain.



- 1 Break now the bread of Christ's sac - ri - fice; giv - ing
- 2 Seek not the food that will pass a - way; set your
- 3 Love as the one who, in love for you, gave him -
- 4 Dwell in the one who now dwells in you; make your
- 5 Drink of this cup and de - clare his death; eat this



thanks, hun - gry ones, gath - er round. Eat, all of you, and be
 hearts on the food that en - dures. Come, learn the true and the
 self for the life of the world. Come to the one who is
 home in the life - giv - ing Word. Know on - ly Christ, Ho - ly
 bread and be - lieve Eas - ter morn; trust his re - turn and, with

Refrain



sat - is - fied; in Christ's pres - ence the loaves will a - bound.
 liv - ing way, that the full - ness of life may be yours.
 food for you, that your hun - ger and thirst be no more.
 One of God, and be - lieve in the truth you have heard.
 ev - 'ry breath, praise the one in whom you are re - born.

Text: Susan R. Briehl, b. 1952

Music: ARGENTINE SANTO, BREAK NOW THE BREAD; Argentine traditional, refrain; Marty Haugen, b. 1950, stanzas

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BLESSING

Almighty God, Father, ✝ Son, and Holy Spirit, bless you now and forever. Amen.

SENDING HYMN*Son of God, Eternal Savior***HYMN #655**

1 Son of God, e - ter - nal Sav - ior, source of life and truth and grace,
 2 As you, Lord, have lived for oth - ers, so may we for oth - ers live.
 3 Come, O Christ, and reign a - mong us, King of love and Prince of peace;
 4 Son of God, e - ter - nal Sav - ior, source of life and truth and grace,



Word made flesh, whose birth a - mong us hal - lows all our hu - man race,
 Free - ly have your gifts been grant - ed; free - ly may your ser - vants give.
 hush the storm of strife and pas - sion, bid its cru - el dis - cords cease.
 Word made flesh, whose birth a - mong us hal - lows all our hu - man race:



you our head, who, throned in glo - ry, for your own will ev - er plead:
 Yours the gold and yours the sil - ver, yours the wealth of land and sea;
 By your pa - tient years of toil - ing, by your si - lent hours of pain,
 by your pray - ing, by your will - ing that your peo - ple should be one,



fill us with your love and pit - y, heal our wrong, and help our need.
 we but stew - ards of your boun - ty held in sol - emn trust will be.
 quench our fe - vered thirst of plea - sure, stem our self - ish greed of gain.
 grant, oh, grant our hope's fru - i - tion: here on earth your will be done.

Text: Somerset C. Lowry, 1855–1932

Music: IN BABILONE, *Oude en Nieuwe Hollandse Boerenlities en Contradansen*, 1710**DISMISSAL****Go in peace. Serve the Lord. Thanks be to God.****Worship is a Community Event!**

It takes more than a pastor and musicians to worship - it takes a community! How will you be part of the First Lutheran worship service? Here are a few simple options that take very little time: greeters, ushers, cantors, lectors, Communion Assistants, acolytes, and serving coffee.

We are thankful for all of our volunteers and are excited to welcome new volunteers! Training is available! Please sign up in the Narthex, call the church office at 739-3348 or reply to the Constant Contact email.

*The August Messenger has been mailed out and posted to the website.
 There are also copies on the counter outside the office window.*

The flowers on the altar are given by Stan & Donna Quam in celebration of their August 5th wedding anniversary.

The radio broadcast is sponsored by Matt & Leslie Flugstad in honor of their 20th wedding anniversary.

Mission Jamaica 2022 trip sign-up deadline is today, August 1. \$150.00 deposit required by August 15. Contact Vicar Lynn at 218-321-0967 or lynn@flcff.org for any questions.

Thanks to all who supported the FLY K-6 Lemonade & Cookie Stand last week. \$475.00 was raised and will be used to purchase Service Food gift cards for people in need.

Wednesday Summer Worship continues at Augustana Lutheran with a simple meal at 5:00 pm, followed by casual worship at 5:30 pm. Vicar Lynn is leading a sermon series called "Living our Faith in 2021" and this Wednesday, August 4, the sermon title is "It's You Again, God?" Meal & Worship at Augustana will continue throughout the summer.

Deadline is this week (August 4) to sign up for Valley Fair! This trip is for all kids who finished 6 – 12 grades last year. The date is Wednesday, August 11. The bus will leave at 7:30 am from the lower parking lot, and return around 10:30 pm. \$45/per student (scholarships available). Contact Calie if any questions. 218 321-0970.

Otter Express Public Transit offers free rides to the Fergus Falls Food Shelf. Call to reserve a ride 218 998-3002, preferably 48 hours in advance.

The congregation is invited to a party celebrating Karen & Gerald Toso on their 2021 milestones of Karen's 80th birthday, their 40th wedding anniversary, and Karen being cancer free for 5 years. Saturday, August 7th from 2 to 4 pm at the VFW Fergus Falls. No gifts please, casual attire.

Zion Lutheran is having a rummage and bake sale on Friday, August 13 from 8:30 am to 3:00 pm. Zion is located at 202 East Summit. Muffins & coffee will be served.

Luther Crest 2nd Annual Online Auction is on Wednesday, August 18 through Friday, August 20. Go to www.luthercrest.org to check out the quilts, arts, crafts & service items (ex. gardening, landscaping, massage therapy, meals, etc.) available to bid on.

Make a joyful noise! Join us as the Adult Choir and Hosanna Handbells return to rehearsals on Wednesday, September 8. Handbells at 6:00 pm and Adult Choir at 7:30 pm. Please add your time and talents to the music ministry of First Lutheran!

We are updating our lists of helpers for serving food at funerals. The food is catered, but we need help with setting tables, serving food, making coffee, cleaning up and running the dishwasher. Please see the sign-up sheet in the Narthex. We are also looking for 1 or 2 volunteers to call the people on the list when a funeral is scheduled. We hope you'll consider being part of this important service our church offers to families who have lost a loved one.

The quilters have made drawstring backpack style bags and the following supplies are needed to fill the bags for Lutheran World Relief school kits: 8 ½ x 11 notebook (70 sheet), 30 cm ruler (inches one side, cm on other), pencil sharpener, blunt scissors, ballpoint pens (no gel ink), crayons 16 or 24 count, pencils, & eraser. Collection basket in the Narthex. Monetary donations are also welcome! Thank you!!

Monday, August 2:

- 9 am to 3 pm Love Day Quilters
- 12:00 pm Executive Committee *Conf. Room*

Tuesday, August 3:

- 9 to 10 am play at NP Park
- 12:00 pm Worship Committee *Conf. Room*
- 5:30 pm Discipleship Committee *Narthex*

Wednesday, August 4:

- 5:00 pm Simple Meal at Augustana followed by casual worship at 5:30 pm

Thursday, August 5:

- 10:30 am Senior Bible Study *Kairos*