Dear Friends,

In the month of May, I attended a continuing education class at Luther Crest Bible Camp, led by Vibrant Faith Ministries. The group of students was varied – I was the only pastor in the group, but there were several youth directors, and several children’s ministry leaders. Our facilitator was Tom Schwolert, who is a youth ministry expert, after being in the field of youth ministry for many years, who now works with Vibrant Faith Ministries and helps coach congregations on how to best facilitate this work in their congregations.

It was a perfect class for me, because in so many ways it talked about many different aspects of what I do at First Lutheran with Youth Ministry and Education Ministries. So much of it overlaps – into something that Vibrant Faith calls faith formation ministry.

How do we, at First Lutheran, create an authentic, vibrant culture of faith formation? The list below includes several things that people can do to help create this type of environment. How do you think we are doing in these areas?

Care for one another. They develop caring relationships that build a community of faith, hope, and love.

Remember and celebrate. They recall the key events of the life, death, resurrection of Jesus and early church members and celebrate those events through the year.

Ritualize important moments. They recognize their experiences of God’s love through sacraments and milestones that mark significant moments of one’s faith journey.

Read Scripture. They encounter the living God in the living Word of God. They connect their stories with the stories of the Bible.

Learn the tradition. They learn about what it means to be Christian, and what it means to engage that particular way of life.

Pray. They seek and explore the myriad ways to connect with the real, but unseen God. They deepen their spirituality as individuals, as families, as faith communities.

Serve. They engage in works of mercy and works of justice for the sake of others, particularly on behalf of those without a voice in society.

Worship. They gather regularly with the community of believers to praise God, to thank God, to encourage and replenish one another, and to go forth in mission.

I learned so much during this week and I am excited to get to work on implementing some of the things that I have learned. In the coming months, I will receive coaching – in a group, and one-on-one, to help in some of these areas. I will be working with the Education Committee and the Youth committee to work on some of these things. I think that we do many things well here at First Lutheran, but also see some areas that we can improve. I’d love to hear your thoughts about this!

I want to thank the members of the congregation and the First Lutheran Foundation for sending me to this wonderful training.

In Christ,

Pastor Jennifer

A NOTE FROM PASTOR JENNIFER ROSE

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2016 NEW MEMBERS WHO JOINED FIRST LUTHERAN CHURCH ON MAY 15TH

Nancy Garner
218-998-3967

Leland Potter & Leah Voight-Potter
and Cailean Potter
608-216-8487

Kurk & Wendy Werner
Evan (not pictured), Lauren, Quinn and
Ava Werner

Mark & Barb Anderson
218-205-5044

Joycelyn Nehk
701-277-9190

Sarah Anderson & Seth Thompson
and Mason & Aria Thompson
218-205-5188

Not pictured:
Jerome Grant
Nic Anderson
Matt Anderson
Janelle Bond &
Carson and Blake
JUNE/JULY MESSENGER

JUNE WORSHIP THEMES

June 5—"Do You Love Me?"
Text: John 21:15
Just saying you love isn't really enough. You need to show it. If you were put on trial for being a Christian would there be enough evidence to convict you?

June 12—"The Word that Kills and Makes Alive"
Text: Luke 7:36-8:3
When the prophet Nathan looks at King David and says, "You're the man!" he's not praising his athletic ability. Rather, he's pointing out David's terrible sin. Sometimes the Word of God acts to convict us of our sin in a way we cannot ignore or explain away. Only then do we see our need for a savior. Only then are we ready to hear the gospel of forgiveness.

June 19—"Set Free"
The man in today's story is thought to be possessed by demons. He is a figure of revulsion living among the tombs. But Jesus doesn't turn away. Instead, he heals the man and restores him to wholeness. When Jesus sees the terrible things we try to keep hidden, he doesn't turn away from us, either. Instead, he heals and restores us.

June 26—"Future Focused"
Jesus rebukes the disciples in today's gospel reading for wanting to take care of business at home before continuing their ministry. At first his words seem a little harsh. Jesus was focused on the future. How can we look to the future of our congregation, of our country, and of the world?

JULY WORSHIP THEMES

July 3—"Everyday Miracles"
Text: II Kings 5:1-14
There is no worship service at First Lutheran today. Instead we join the members of our local ELCA congregations in a joint worship service at 10:30 am at Adams (Grotto) Park, followed by a potluck time of fellowship. Folding chairs provided, but bring a lawn chair if you prefer.

July 10—"Our Down to Earth God"
Text: Romans 6:23
God saw our helpless predicament and for the sake of love alone came down to set it free. He comes in his word every day. He enlightens us with his Spirit.

July 17—"Distracted by Many Things"
Martha is very distracted in today's gospel reading. Mary sits at Jesus' feet and listens. Jesus tells Mary that she has chosen the better part. How are our distractions keeping us from hearing what Jesus wants to say to us?

July 24—"Praying for the World"
We know that Abraham was blessed by God so that he and his descendants could be a blessing to others. In the Old Testament lesson today, Abraham "bargains" with God in an attempt to spare the city of Sodom from judgment. Abraham is bold in his intercession for others. Are we?

July 31—Guest Preacher: Curt Rotto
We welcome to our pulpit Pr. Curt Rotto, who served at First Lutheran some years ago as a pastor. We're delighted when one of our retired pastors can preach for us.
The **WELCA Board**
does not meet in June, July or Au-
gust.

**Love Days Quilters** will meet
the second Monday of the month
of June, July & August.

**CIRCLES**
Wednesday, June 22nd
Wednesday, July 20th

**Sarah** at 9:30 am
Pioneer Pointe

**Hannah** at 1:00 pm
First Lutheran Church

**LUTHERAN WORLD RELIEF (LWR)**

The Lutheran World Relief is a
congregational project. The women of the
church are requesting the congregation to as-
sist us in filling care in-
fant kits. We are plac-
ing baskets in the Nar-
thex for you to put
items in for the kits.
There are slips with a
list of items needed for
each of the kits for you
to take and add supplies
as you can. Our next
shipment will be sent
out the first of Decem-
ber. Thank you for your
support and patronage.

**UPDATE ON FIRST LUTHERAN’S SPRING SALAD LUNCHEON & BAKE SALE**

This event was
held on April 21,
2016 with about 195
people attending.
We were able to pur-
chase for the kitchen: 3
additional electric
roasters, a sturdy step
stool, onion chopper
and knife sharpener.
We were also able to
pay for part of the cost
of a new vacuum. The
rest of the income will
be given to local chari-
ties, with a little kept for
additional kitchen needs.

**ATTENTION OWLS (OLDER WISER LUTHERANS)**

We have 32 tick-
ets available
for **Tuesday, June 2,**
to travel with Ottertail
Coaches to Moorhead
to enjoy dinner and the
play, “Blame It On the
Movies” at Moorhead
State University. This
play features 75 songs
from the most popular
films, it is a romp
through cinematic his-
tory.
We will leave the church
parking lot (lower level)
at 4:00 p.m. We will
have dinner (on your
own—Place to be ar-
ranged) at 5:00 p.m. The
play begins at 7:30 p.m.
Cost is $20 for your
ticket. Sign-Up and pay
by check (payable to
First Lutheran OWLs) at
the info counter at
church **before June 2.**

These wonderful salads
and bars. We are planning
our next **Annual Spring
Salad Luncheon and Bake
Sale on April 27th, 2017.**

**Questions? Call Margaret
Kratzke at 218-736-3697.**
Also, check the kiosk and
church bulletins for other
planned events this sum-
mer—Margaret is open for
suggestions.
“Butterflies” V.B.S. June 13-16

Our “Butterflies” VBS for birth-5 year olds has become a treasured tradition at First Lutheran. The sessions are designed to be an exciting time for parents and/or Grandparents to spend quality time learning and sharing God’s love with their children. The kids explore the Bible stories through singing, playing, and active storytelling. The adults use this time to connect with their children, pass on their faith, and build friendships with other young families. Some of our Grandmas have made it a family tradition to host the grandchildren for the VBS week. What a memory maker this has become! We love our program and are happy when you invite friends to join you. Register for the fun at the “water station” in the Narthex.

Linda Mellon will lead singing, and Vicki Hanne-man will be our teacher at “Butterflies” V.B.S.!

GET READY.
SET. SPLASH!
There is sure to be a lot of water involved!

Holy Cow! What a Success!

It's always been exciting to challenge our students to a service project. When we hear the stories of generosity in our Sunday School students' hearts, we feel humbled. One student eagerly responded that he would like to donate everything in his piggy bank!! I advised him to talk it over with his parents, because we would never expect anyone to deplete their entire savings. From what I know, after the discussion with parents, he still felt moved to give it all! Thank you to everyone who donated to the World Hunger Project.

HAVE A FUN, SAFE SUMMER!
You are God’s child, loved forever!

Do you respect yourself? Do you ever treat yourself disrespectfully? How do you talk to yourself? What does the voice in your head say about you?

I’ll be honest with you that this is something that I’ve really struggled with. My own inner voice sometimes is not very nice to me. I’m not always kind to myself.

Sometimes, I think that we live in a world that is such a critical place that it can be hard to just sort of give ourselves a little bit of a break.

Dr. Kristin Neff does a lot of work with this in her professional life—this thing called self-compassion. Do you treat yourself like you’d treat a really good or close friend?

Ephesians 2:10, 19-20 says “We are God’s Masterpiece. He has created us anew in Christ Jesus, so that we can do the good things he planned for us long ago... So now you are no longer strangers and foreigners. You are members of God’s family.” You are God’s masterpiece. You are precious. And beloved. You are God’s child. And nothing you can do will make God love you less than God does. You are God’s treasure.

This summer, try to treat yourself like God would treat you. Try to talk to yourself (that little voice in your head) the way God does.

I’m looking forward to seeing you in church—or out in the community—or wherever you are this summer so that I can remind you how much God loves you!

In Christ,

Valleyfair! Monday, July 18

Our summer trip to Valleyfair will be Tuesday, July 18th. We will be coordinating transportation and tickets with Hope Lutheran, Bethlehem Lutheran, Zion Lutheran, and Augustana Lutheran of Fergus Falls. Sign up at church for this fun adventure! And keep watching your mail (and check the schedule on the left side of this page) for other summer events and opportunities!
Summer Worship
Sundays at 9:30 am
(Starting June 2nd)

Summer Office Hours
8 a.m.—3:30 p.m.
Monday—Thursday
(Starting May 31st)

JUNE/JULY MESSENGER

FAMILY MINISTRY SUMMER EVENTS

June 22: Finding Dory
Pre-order discounted tickets at church. All ages welcome! Join us as we watch a fun movie together. Watch the info counter for more information.

July 9: Red Hawks Game - 6:00 PM.
We will meet there - bring the whole family. We invite you to purchase your own tickets - we will sit in section A - so please buy your tickets in or close to that section. See you there for a fun family night of baseball!

AMERICAN RED CROSS BLOOD DRIVE
Our next Blood Drive at First Lutheran Church is on Tuesday, July 19th & Wednesday, 20th from 1-7 p.m. in the Fellowship Hall.

BENEVOLENCE SPOTLIGHT: ARUSHA LUTHERAN MEDICAL CENTER (ALMC)

Arusha Lutheran Medical Center is one of our benevolences at First Lutheran Church. Our congregation has had a significant relationship with ALMC over the years. Summarized below are several of the many exciting projects at ALMC that are happening right now and are needing our support. If you’d like to contribute, please write a check to First Lutheran Church and write on the memo line of your check "ALMC" and we will be sure that your contribution is forwarded. All contributions are used for direct patient care.

REHABILITATIVE SURGERY: This project provides surgery to children suffering from debilitating orthopedic problems or in need of plastic surgery for cleft lips or palates. Free surgical care is provided for over 450 children per year. Outreach, pre- and post-operative care, and the surgery can be provided for $500 a child.

PLASTER HOUSE: Plaster House is a rehabilitation center and short- or intermediate-term care facility for children following surgery. The Plaster House ministry has many needs: $50 provides milk for a month to ALL of the kids in Plaster House. $100 provides a bed for the new Plaster House. $5 feeds a child in the Plaster House.

NICU: The Newborn Intensive Care Unit is the only NICU in Arusha with its 1.5 million inhabitants. $300 is the average cost per baby for a three week stay in NICU.

Thank you for supporting this ministry.

We support the American Red Cross and their efforts to replenish blood supplies and ultimately save lives. At our last blood drive on March 29, 2016, we had 43 units collected with 2 first time registered donors!

We want to keep supporting the Red Cross by hosting blood drives, but we do need help from volunteers to check donors in, and serve drinks and snacks for each donor. If you are interested in helping, please contact Rick West at 218-205-6963.

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We want to keep supporting the Red Cross by hosting blood drives, but we do need help from volunteers to check donors in, and serve drinks and snacks for each donor. If you are interested in helping, please contact Rick West at 218-205-6963.
“Living Out Love!”

Join us as we partner with Luther Crest Bible Camp!

Together, we will walk with Christ to learn how we can forgive and serve our neighbor, how we can show love to all, and how we can pray as Jesus taught!

Each day we’ll enjoy games, worship, art & crafts, Bible Dive, snacks, meeting new friends, lots of laughter, and much more!

Our summer theme verse is:

“Therefore be imitators of God, as beloved children, and live in love, as Christ loved us.”

Ephesians 5:1-2

Sign ups will start soon! Cost is $30

Day Camp Dates: June 13-16 for kids who have completed Kindergarten all the way through 5th Grade age.

Contact Pastor Jennifer with any questions at the church office 218-739-3348

If you would like to volunteer, please call the church office and ask for Pastor Jennifer.

“Butterflies” Vacation Bible School

June 13-16th, Monday—Thursday

Sign up for a fun week of Vacation Bible school for preschool children (birth to 5 years old) and their parent, grandparent, or other “favorite” adult! The children will explore Bible parables through singing songs, listening to stories, creating art projects, playing, and being in fellowship with other young families.

Monday—Thursday: 9:00—10:30 a.m. Butterflies VBS

Registration for preschool children who will attend Butterflies VBS:

Child’s Name____________________________________ Current Age__________

Child’s Name____________________________________ Current Age__________

Child’s Name____________________________________ Current Age__________

****Please include notes about allergies, special needs, and considerations, etc.****

Parent’s names and phone number(s)________________________________________

________________________________________
**Library Notes....**

The Library Committee wants to remind you that when the office is open, so is the library! Books, DVDs, etc. can be returned either to our library or to the narthex registration desk where you will find a basket.

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**PRAYER SHAWLS**

We have a supply of hand knit prayer shawls (in the office) available to be given to persons who are ill. Anyone in the congregation who has a friend or knows someone who should be visited could give a prayer shawl along with the visit. This little prayer is given with the shawl—"You are special to God and to First Lutheran Church. This prayer shawl was made especially for you, and we pray that as you unfold it, it will keep you warm in His love, and at peace in your heart."

Maybe some of you knitters would be interested in having a pattern—it's a nice project to do in the convenience of your own home. If you would like more information about this, talk to Pastor Stan Satre or Ashley in the church office.

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****ATTENTION ALL MEMBERS:** We have developed sign-up sheets for you to use to sign-up to serve in worship! We will have the sheets available beginning in June. Please stop by the kiosk outside the office to see all the fun ways to serve in worship as a reader (Lector), Greeter, Usher, and Communion Assistant. By allowing you to sign up we hope to reduce the amount of calls our volunteers make and allow you to chose when you want to serve. Also, please feel free to call the office at 218-739-3348 and talk to Ashley to sign you up!
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<td>10:30 am Joint ELCA Worship at Adam's Park (Grotto) [NO WORSHIP@FLC]</td>
<td>CHURCH OFFICE CLOSED</td>
<td>9 am Staff Meeting</td>
<td>9:30 am Al-Anon 10 am AA</td>
<td>8:45 am M. Watch Pr. Jennifer 9:30 Sr Coffee &amp; Bible Study 5:30 pm Worship</td>
<td>CHURCH OFFICE CLOSED</td>
<td>9 Family Ministry Red Hawks Game @8pm</td>
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<td>9:30 Worship/H. Communion</td>
<td>CHURCH OFFICE CLOSED</td>
<td>9-3 WELCA Love Days 5 pm Al-Anon 6:15 pm Foundation Meeting (Conf. Room)</td>
<td>MESSEREPER DEADLINE 9 am Staff Meeting 1 pm Blood Drive</td>
<td>8:45 am M. Watch Pr. Jennifer 9:30 Sr Coffee &amp; Bible Study 5 pm FF Flyers 5:30 pm Worship</td>
<td>CHURCH OFFICE CLOSED</td>
<td>5 pm Wittl/Duetz Rehearsal</td>
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<td>9:30 am Worship</td>
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<td>8:30 pm Al-Anon Valleyfair Day!</td>
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<tr>
<td>9:30 am Worship</td>
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<td>9 am Staff Meeting</td>
<td>7 am XY Men's Bible Study 9:30 am Al-Anon 10:00 am AA 10 am Caregivers Support Group</td>
<td>8:45 am M. Watch Pr. Jennifer 9:30 Sr Coffee &amp; Bible Study 5:30 pm Worship</td>
<td>Pr. Jennifer &amp; Youth leave for Outlaw Ranch (return Aug. 6)</td>
<td>CHURCH OFFICE CLOSED</td>
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